

# Real Changes

What's new in helping you look as young as you feel from Dr. Earl H. Parrish and the professional staff of the Parrish Cosmetic & Plastic Surgery Center.

*Enhancing your beauty...  
from within!* Summer 2012

## COOLSCULPTING: A HOT TOPIC THIS SUMMER!

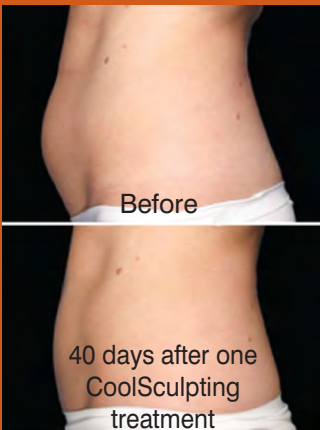
We introduced CoolSculpting in our practice in April of this year and are super excited about the results we are seeing. CoolSculpting is a revolutionary non-surgical body contouring treatment that freezes stubborn fat, which then is naturally eliminated from your body.

No needles, no special diet, no supplements, no surgery. And most importantly, no downtime. It's safe, FDA-cleared, effective and does exactly what it's supposed to do.

You'll see undeniable results after just one treatment. Come in for a complimentary consultation and see if CoolSculpting is right for you!

**GET A SUMMER WAISTLINE  
WITHOUT SURGERY!**

 **coolsculpting**



## Fall into a New You

with our Fall Series of Educational Seminars

*The Parrish Cosmetic and Plastic Surgery Center invites you to join us for one of our upcoming educational seminars. We'll have a Fall series of evening seminars in our Medford office and then we'll be traveling to Crescent City and Roseburg. If you are interested in cosmetic surgery this is a great way to learn about specific procedures. The seminars are comfortable, informative and fun. Come meet Dr. Parrish and see what we can do for you! Seating is limited. RSVP required. Call 541-779-7275.*

All seminars will have a before and after photo presentation. Food and Drink will be served.

### Let's FACE It! Wednesday, August 29 at 6:30 pm

We all want to look more youthful and refreshed. Heredity and our lifestyle can have a direct effect on these qualities. Join Dr. Parrish as he discusses Facelifts, Eyelid and Browlifts, Nose reshaping and other facial procedures. Learn about the techniques that are used, what's involved, and finally how you can look as good as you feel!

### SMOOTH Out the Past! Wednesday, September 26 at 6:30 pm

Softer, smoother, lovelier skin awaits you! We'll be discussing the latest in Non-surgical treatments.

- ◆ **Laser for face & body** - get rid of sun damage, say bye bye to leg veins, tighten your skin and more.
- ◆ **Injectable fillers** - What's the best, how they work and what lasts the longest.
- ◆ **Skin care** - daily skin care is a vital component to beautiful skin. Acne, Rosacea, fine lines & more can be treated.

### Love Your BODY Again! Wednesday, October 24 at 6:30 pm

Now you can have the figure you've long desired! Get the latest information on Breast Augmentation, Tummy tucks, Liposuction and other body contouring procedures.

**OUT OF TOWN SEMINARS** We'll be traveling to Crescent City and Roseburg in the coming months. We'll touch a little on everything we offer from surgical to non-surgical - Facelifts, Breast Augmentation, Tummy tucks, CoolSculpting, Laser, Skin Care and more!

### Crescent City Wednesday, October 10 at 6:30 pm

Seminar will be held at the Oceanfront Lodge,  
100 A Street, Crescent City, CA

### Roseburg Wednesday, November 7 at 6:30 pm

Seminar will be held at the Douglas County Museum,  
123 Museum Drive, Roseburg, OR

**PARRISH  
& PLASTIC**



**COSMETIC  
SURGERY**

**541-779-7275**

**1-800-458-0684**

C E N T E R

[www.dr-parrish.com](http://www.dr-parrish.com)

701 Golf View Drive, Medford, OR 97504

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## What's New:

**Fantastic New Skincare Line**



We are proud to announce we are now carrying the Vi DERM Medical Skincare Line. For those of you who have already had the pleasure of trying the ground breaking Vi PEEL, the Vi DERM Skincare Line is an extension to maintaining beautiful skin at an affordable price.

The Vi DERM Skincare products are specifically designed to correct, protect and nourish the skin. Using the most advanced and active ingredients offering extraordinary benefits and maximum results!

If you'd like more information call and talk to Chelsey, our Esthetician, she can answer your questions and get you on a great skin care regimen. Beautiful skin can be yours for a lifetime!



Earl H. Parrish, M.D.

## Q & A with Dr. Parrish

Q: I have tuberous breasts. Will an implant make them round?

A: There are degrees of severity of tuberous breasts and the lesser forms of this problem can often be corrected by breast augmentation alone. For more serious shape problems some form of

mastopexy/areolar surgery to give a less conical shape to the breast is necessary at the time of augmentation. At the time of your consultation we can determine the best way to proceed with your particular situation.

Q: How long is the recovery with rhinoplasty surgery?

A: The immediate recovery period is less than 2 weeks following rhinoplasty. However, there is still swelling at this point and it will take a number of weeks or months, depending on the individual for this to completely subside. Generally swelling seems to last a bit longer in men than in women most likely due to the thicker tissue in male noses.

Have a question for Dr. Parrish? Send it to [question@dr-parrish.com](mailto:question@dr-parrish.com)!

## Our Latest Patient Testimonial

"I had an entire face lift & could not be happier with the results. Dr. Parrish is truly amazing. I can not even see any scars, even with my 10 x's magnification mirror. I look 10 to 15 years younger.... I was starting to look old. People that have not seen me in a while rave about how good I look, but can't really put their finger on why. It looks completely natural... and still like me, except young again!"

Hope everyone is enjoying their Summer!



## Visit us online

Click [Here](#) to visit our website, where you'll find descriptions of all our services, meet our staff and check out our facilities.

Become a fan of Dr. Parrish on Facebook by clicking [Here](#)

## Welcome, Tawnya!

We are pleased to announce a new staff member has joined our team. Tawnya joined the Parrish Cosmetic and Plastic Surgery Center in early summer this year. She is a registered nurse having moved to Oregon from San Diego. She graduated from nursing in 2009 and obtained her Bachelor's degree in nursing in 2011. Tawnya performs many nursing functions at our center and also helps run our "CoolSculpting" machine.

She's intelligent, helpful and a joy to be around. Welcome Tawnya!



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